

Want to learn more about Healthcare Finances?

Visit MyHealthcareFinances.com to learn more about Health Insurance, Medical Bills, and Employment & Disability.



Learn more at

 **MyHealthcareFinances**

TRIGE
HEALTH





Learn more about healthcare finances and steps you can take to help **lower your costs.**

HAVE YOU EVER WONDERED...

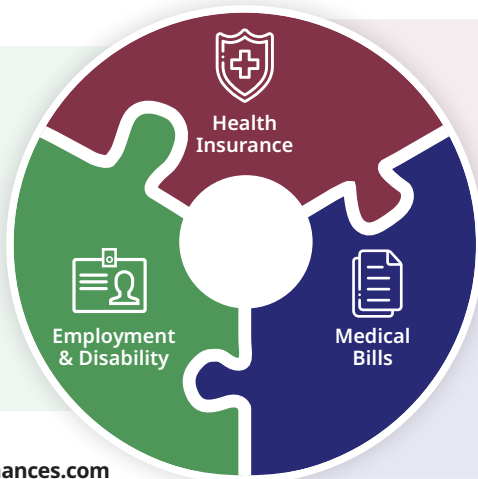
How do I pick a health insurance plan that works best for me?

My insurance company has denied coverage for my care, what can I do?

I've received a medical bill and can't afford to pay it, what can I do?

Employment & Disability

- Understand patient protections at work
- Understand caregiver protections at work
- See options that may apply for those losing employment
- Understand disability insurance



Health Insurance

- Understand how it works
- Decide which plan works for you
- Tips for using your insurance

Medical Bills

- Understand bills
- Learn about reducing your costs before care
- Handling your medical bills
- Getting financial help



Go to [MyHealthcareFinances.com](https://www.MyHealthcareFinances.com) to **View, Print, and Share!**

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